

Beneficial Beach Plants for Goose Rocks Beach that we want to protect.

Be careful where you step and leave them where they are. PLEASE don't put beach chairs, or kayaks on them.



American Beachgrass (*Ammophila breviligulata*)

This plant is **critical** to sand dune establishment and sand dune stabilization and thus key in erosion control and shoreline protection. Very important to the ecology of Goose Rocks Beach. If you want to save our beach, please protect the beach grass.



American Sea-rocket. (*Cakile edentula*)

Found on the above the high-tide line of beaches, oceans. Low, fleshy, branching beach plant with pale lavender flowers.

This succulent annual, found on the ridge of wind-blown sand behind the high-tide line of beaches, gets its common name from the rocket-like shape of the seed pods.



Goosefoot/ Lambs-quarters. (*Chenopodium album*)

Many wild birds eat the seeds, as do chipmunks and squirrels, and the plants provide food for butterflies, as well as for other mammals (aside from human ones). Be sure to leave some for everybody.



Saltwort. (*Salsola kali*)

Saltwort is better as a pioneer population than simply leaving the soil completely barren.

This attractive plant grows best on sandy or at least loose-surfaced soil, and will help hold the sand until the American Beach Grass returns.