

# 3 Towns: 1 Community C.A.R.E.S. (Communication, Advocacy, Resources, Education, Support)

Join us on Thursday September 7, 2023, at Louis T. Graves Memorial Public Library in the Community Room from 6-7 PM to gather and discuss supporting friends and relatives in recovery.

September is National Recovery Month, offering an opportunity to increase public awareness surrounding mental health and substance use recovery.

In addition, Naloxone (Narcan) training and free Naloxone will be available.

Questions? Call the Kennebunkport Public Health Department at 207-967-4401.

