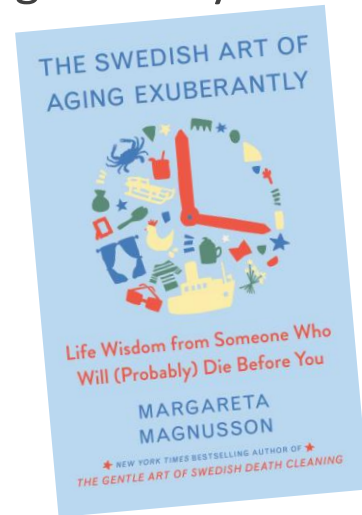


POSTPONED!!
New Date
March 12, 2024

Your Health Matters: Book Discussion

Tuesday January 16, 2024, from Noon-1 PM

Join staff from the Louis T. Graves Memorial Public Library & Kennebunkport Public Health Department as we discuss “The Swedish Art of Aging Exuberantly,” by Margareta Magnusson. Learn why volunteering, eating chocolate and interacting with those younger than you are important!



We will meet in the Graves Library Community.

Feel free to bring your lunch or snack!

Copies of the book will be available at Graves Library. Not able to read the book in advance? Please join in the discussion.

Questions? Call Graves Library at 967-2778 or the Public Health Office at 967-4401

In event of inclement weather check the Graves Library Facebook Page for cancellation.



LOUIS T. GRAVES MEMORIAL PUBLIC LIBRARY