



LOUIS T. GRAVES MEMORIAL PUBLIC LIBRARY

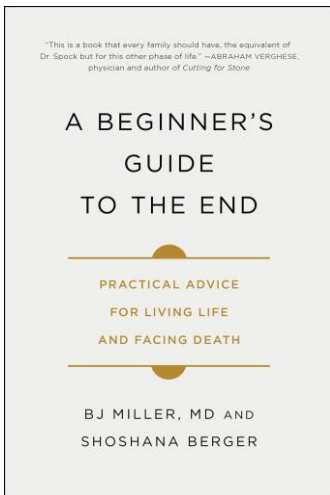
and

The Kennebunkport Public Health Department

Invite you to participate in a Book Discussion on
Wednesday September 20, 2022

at 9:45 AM

In the Community Room



Join staff from the Louis T. Graves Memorial Public Library and the Kennebunkport Public Health Department for a discussion about how to be prepared and in control during situations of medical stress in our lives.

This book offers practical advice from a Hospice Physician and a Journalist and experienced caregiver to help us all know more about managing paperwork, navigating illness, caring for the caregiver, understanding Palliative & Hospice Care, celebrating life, grief and more.

Copies of the book *"A Beginner's Guide to the End: Practical Advice for Living Life and Facing Death,"* by BJ Miller, MD and Shoshana Berger are available at Graves Library.

Not able to read the book in advance? Please join us for the discussion!!

Questions?

Call Graves Library at: 967-2778 or the Public Health Office at 967-4401

Please use the large side door off parking lot to enter building.

