

## Power in Aging: Self-Empowerment, and Reframing Aging in the World!

<u>Presented by:</u> Marilyn R. Gugliucci, MA, Ph.D., AGHEF, GSAF, AGSF, NAOMEF; Professor & Director Geriatric Education and Research at the University of New England, College of Osteopathic Medicine.



Join us, Thursday April 21, 2022; at 9 AM at the Louis T. Graves Public Memorial Library.

- Older age is often associated with disease and decline and there is good reason for that—our society socially constructed it that way!
- To age optimally it is important to understand why our society views aging the way it does AND what we can do about it.
- Participate in the discussion on how we age and how we can exercise our own empowerment in the world to address ageism.

## RESERVE YOUR SEAT TODAY! Space is limited!

Please call Graves Library at: 207-967-2778

Please use the large side door off the parking lot to enter the building for the event.



