

Be an Informed Health Consumer- Understanding the Risk of Polypharmacy

Join us, Wednesday March 29, 2023
9 AM at The Louis T. Graves Public
Memorial Library. *(Rescheduled date)*
(If inclement weather check library Facebook page)

RESERVE YOUR SEAT TODAY! Space is
limited! Please call Graves Library at: 207-
967-2778



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Poly (*Greek-Many*) Pharmacy (*drugs & medications*)

- *Are you aware that if you take 5 or more medications daily you are at an increased risk of unintentional consequences?*

- *42% of older adults take 5 or more medications daily (Lown Institute)*

Join us to learn ways you can prevent the risks of medications consequences and how to become a more informed health consumer



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